**Youth/Mentor:** A Young (20 year old) adult female Cabrillo College student with Down's syndrome is looking for an aide/mentor/peer to assist in her Spring classes: Beginning Self-Defense for Women (MW 11:40AM-12:30PM), Beginning Contemporary Modern Dance (TTH 11:45AM-12:35PM), and Street Dance and Hip Hop 1 (T 4:55PM-6:15PM).

Prospective volunteers should be fun and positive! Rosemary's parents and job specialists are currently supporting her inside and outside the classroom until the volunteer position can be filled. Interviews are welcomed with any prospective volunteer. For more information please contact Tyra Mrozinski at Tyra@communitylife.comcastbiz.net.

**Women:** She.Is.Beautiful Santa Cruz's Pinkest 10K and 5K will be held on March 17th 2013. Our race will serve up to 3,000 women, so volunteers are essential to ensuring that everyone has both a safe and amazing experience. Volunteer duties will last from 6:45-10:45 am on Sunday, March 17th. They are currently seeking volunteers to help with water stations, along the course to tell runners where to go, and/or letting drivers on roads that intersect the course know that the roads are closed. If you would like to volunteer, please contact Sara Tanza, volunteer coordinator, as soon as possible: Sara@runsheisbeautiful.com.

**Environment/Nature:** The 2013 Farm & Garden docent training program will take place on the UCSC Farm on five Tuesday afternoons from 4 to 5:30 p.m., beginning March 12 and ending April 9. During the training sessions, participants will learn about organic farming and gardening practices, the history of the Alan Chadwick Garden and UCSC Farm, on-farm research to improve organic farming methods, and other issues related to sustainable agriculture and food systems. There is no prerequisite to become a docent—just a willingness to learn and share.

After completing the training, docents are asked to lead a minimum of six tours a year and are encouraged to help with public education events, plants sales and other efforts that support the Farm & Garden’s community outreach work and the work of the Center for Agroecology & Sustainable Food Systems (CASFS), which manages the Farm & Garden facilities. Docents will also enjoy ongoing, free enrichment workshops on a variety of topics. Please contact Amy Bolton at 831-459-3240, or abolton@ucsc.edu for more information.

**Youth/Social Services/Homeless:** The Jesus Mary and Joseph Home is a long-term shelter for women, children, and terminally ill. They are currently looking for volunteers to be in their Human Race team held on
Mother’s Day weekend. Volunteers are needed to raise awareness about the event, and raise pledges as well. The money raised will go toward building a garden at the shelter.

Also, a volunteer is needed to tutor a young mother prepare for her GED exam. The volunteer should have a strong understanding of social studies and math.

Please contact Pat Gorman at patsgorman@hotmail.com or at (831) 459-8046 if you are interested in either of these volunteer opportunities- there are many different ways to help!

**Women/Education:** Women's Crisis Support - Defensa de Mujeres- offers volunteer and internship opportunities for community members and students. Volunteer opportunities include:

- **Crisis Line Volunteer:** Provide peer counseling and referrals to callers.
- **Volunteer Court Advocate:** Accompany clients to court.
- **Sexual Assault Response Team Volunteer:** Accompany sexual assault survivors to forensic exam and law enforcement interview. Requires additional 1-day Advocate Training.
- **Support Group Volunteer:** Co-facilitate or facilitate support groups for survivors of domestic violence and/or sexual assault.
- **Children/Youth Support Group Volunteer:** Co-facilitate support group for child, youth or teen witnesses of domestic violence.
- **Program Volunteer:** Provide client services in the Shelter, Crisis Intervention or Children and Youth Programs.
- **Community Education Volunteer:** Assist with presentations about domestic violence, sexual assault and agency services.
- **Awareness Months (Sexual Assault-April; Domestic Violence-October):** Assist with special awareness activities.

To provide direct services to clients, volunteers must have completed their 65-Hour Training, which qualifies them as a State-Certified Domestic Violence and Sexual Assault Peer Counselor; and have a criminal background check through the LiveScan fingerprinting system.

Spring Training will begin April 6, 2013. If you are interested, visit their website to download an application wcsc-lddm.org/volunteer. The deadline to apply is March 15, 2013. Please contact Rocio at rocio@wcs-ddm.org for more information.
**Art/Children/Youth:** Volunteers are needed April 13th from 10:30am-2:30pm in the Art Fair! The event will take place in 1231 Bay Avenue, Santa Cruz, CA 95060. Volunteers will help to set up: put up canopies, move tables, hang signs, etc. Volunteers will run art tables: each student will be carefully instructed on how to "teach" the art project, UCSC volunteers will work in teams and will rotate between art tables. Please contact Amy Radovan, Volunteer Coordinator, at aradovan@ucsc.edu or at (831) 429-3991.

**International:** Nourish is a non-profit organization dedicated to making a lasting impact on extreme poverty by connecting social entrepreneurship with developing communities abroad. Join their student movement to address global poverty through social entrepreneurship. They are currently located in 28 U.S. college campuses and are now accepting applications to expand. Apply to start a Nourish International chapter on campus today! Visit [www.nourish.org](http://www.nourish.org) to learn more about Nourish's model of engaging students and empowering communities. Act now - applications are being reviewed as they come in!

**Youth/Education/International:** Volunteer4Free Kenya is a free volunteer program based out of Nairobi, Kenya, giving volunteers an opportunity to make a difference in Africa.

They are currently seeking volunteers to help teach English to primary school pupils in Nairobi’s Soweto slums. Soweto is one of the most neglected slums in all of Kenya, with the problems of poverty and lack of education characterizing the slum. However, by helping the youth of the slum learn to read and understand English, we are making a step toward solving the second problem (lack of education), which should in turn also help overcome the first problem (poverty).

Volunteers will use a few basic resources to help class one to class four pupils increase their vocabulary, and learn basic grammar. The program is supervised by coordinators with over seven years of experience in hosting international volunteers in Africa.

Fluency in English, and a background check (CRB) are the only requirements for participation. And best of all, there are no participation fees (though donations are accepted for volunteers wanting to contribute to the program).

For more information about free volunteer opportunities with Volunteer4Free Kenya, please contact Jay or Leo at:
volunteer4freekenya@gmail.com. You can also visit their website at the following address: http://volunteer4freekenya.kbo.co.ke/.

**Children/Youth:** Camp AmeriKids, a summer camp for children living with the challenges of HIV/AIDS and sickle cell disease, is looking for caring, responsible, energetic and fun counselors for our 2013 season. A volunteer counselor team is responsible for the 24-hour supervision of a cabin and maintains a camper to counselor ratio of about 2 to 1. Counselors spend each day of the one week camp session with their cabin group as they rotate through a schedule of activities and participate in new and exciting workshops provided by the program staff. The cabin counselor's enthusiastic participation in all aspects of camp, from meals and activities to nightly special events and cabin chats, is crucial in creating a memorable camp experience for our campers. Counselors are expected to be role models, sources of energy and ideas, and are a key part of the Camp AmeriKids community. Room & board at our site in Warwick, NY is provided. Volunteers can apply for one or both of the following sessions:

   Session One: July 29th – August 5th
   Session Two: August 10th – August 17th

Applications are available on our website www.campamerikids.org. Please contact them at (203) 658.9671 if you are interested in more information.

**Environment:** Do you want to get involved with local community projects? Are you passionate about sustainability and helping to protect the rainforest? Become the next crees intern!

crees is excited to introduce a new 6-month internship program designed to help recent graduates and gap year students develop specific career skills in community development; all while supporting the crees Foundation’s projects in the heart of the Amazon! You will be engaging with social, economic and environmental issues, helping local communities to develop and implement sustainable practices, and managing your own projects with the help of our expert staff. Their goal is to improve the wealth and health of local families who live on less than $2 a day, whilst diverting time and energy away from slash and burn agriculture and logging.

You will start your placement with 10 weeks as a rainforest volunteer, providing you with valuable field experience in conservation and community development, before embarking on a 12 week work placement in your chosen area; managing your own projects and developing hands on leadership skills.
Become the community development expert of the future.
Stand out - Join crees!

For more information please visit their website, email them at info@crees-manu.org.

Environment/Education: The Community Alliance with Family Farmers (CAFF) is looking for volunteers interested in promoting healthy eating, local food systems, and nutrition in elementary schools. Volunteers will visit schools on a weekly or every-other-week basis, working in conjunction with healthy snacks served at recess and lunch to get kids excited about fruits and vegetables. Volunteers will also have the opportunity to visit classrooms and help lead fruit and vegetable tastings. This is a great opportunity to get experience in nutrition education and outreach.

For more information or to sign up, check out their blog at farm2schoolvolunteers.blogspot.com or email them at Volunteer@CAFF.org!

Environment: Are you looking to start a career in conservation research? Want to work alongside Scientific Experts? Help influence international opinion, and be part of a dynamic tropical research centre? Become the next crees intern!

crees is excited to introduce a new 6-month internship program designed to help recent graduates and gap year students develop specific career skills in community development; all while supporting the crees Foundation’s projects in the heart of the Amazon! You will be working at a real life tropical research centre, alongside expert academics and scientists. Taking part in daily surveys in the jungle to measure species diversity and distribution; including pit-falls, butterfly nets, mist-netting, culpa work, transects, camera trapping, data analysis and much more! During this time you will earn an Emergency First Response certificate, and one to one weekly mentoring sessions to work on your leadership, initiative, project management and survey skills.

You will start your placement with 10 weeks as a rainforest volunteer, providing you with valuable field experience in conservation and community development, before embarking on a 12 week work placement in your chosen area; managing your own projects and developing hands on leadership skills.
For more information please visit our website, or email them at info@crees-manu.org.

**Art/Culture/Education/Environment/Nature:** The Santa Cruz Museum of Art & History (MAH) is looking for volunteers! Below is a list of a brief description and requirements for certain volunteer positions at the MAH. They have a mandatory Volunteer Orientation every Second Saturday of the month at 11:30am.

**Gallery Hosts:** Discover new ways to engage visitors with local art & history. Volunteers rove the galleries, orienting visitors to the museum, share information & encourage visitors to personally connect with MAH’s exhibitions. Enhance the museum experience for everyone.

**Required:** Outgoing, friendly, passion for talking local about art & history with the public, roving the galleries for 2-3 hours.

**Availability:** Friday evenings and weekends (11-5pm) are a plus. Weekday shifts also available.

**Time commitment:** Two 3-hour shifts per month for 8 months (2 exhibitions).

**Training:** Held 4 times per year at the beginning of every new exhibition. Two sessions per month. Ongoing attendance is strongly recommended.

**Event Support:** Help with a variety of activities during 1st & 3rd Fridays and other events: bartending, facilitating/leading art activities for visitors, set-up, and greeting, among others. Volunteers are integral to forging connections, encouraging repeat visitation, and making the MAH feel welcoming and friendly for visitors.

**Required:** Ability to be flexible, love working with the public, outgoing, courteous, lifting/moving tables & chairs sometimes required.

**Availability:** Friday evenings and some weekends.

**Time commitment:** 1 event per month (about a 4-5 hour shift)

**Training:** On the job.

**Evergreen Cemetery:** Help Evergreen Cemetery stay evergreen. Assist with restoration efforts at this historic landmark by maintaining pathways & overgrowth. Also, help with research projects and genealogical inquiries.
**Required:** Maintenance requires the ability to use gardening tools to dig up ivy, remove weeds, & shovel. Transportation to Evergreen required. Research projects require access to a computer.

**Availability:** Maintenance meets Mondays from 10-1pm. Research projects are flexible with meetings on Fridays from 9-12pm.

**Time commitment:** 2 shifts per month.

**Training:** On the job.

**Street Team/promotion:** Let’s get the word out about MAH’s monthly events! Post flyers on community boards in Downtown & other areas of Santa Cruz, pass out flyers on Pacific Ave during events. Get people excited about the amazing activities at MAH.

**Required:** Outgoing, friendly, ability to move around Downtown, not shy about inviting strangers to MAH events.

**Availability:** Fridays from 4-7pm, sometimes weekends

**Time commitment:** Promote 1 event per month (2-3 hour shift)

**Training:** On the job.

For a listing of current internship opportunities, please visit their website at: [http://www.santacruzmah.org/about/job-opportunities/](http://www.santacruzmah.org/about/job-opportunities/).

**Education/Community Events:** Volunteers are needed to help plan a series of fun, community events. In collaboration with the Santa Cruz Film Festival, the “Live Life Laughing” Community Awareness Campaign will begin in March with the first of 6 monthly events. The mission is to help mitigate the epidemic proportions of stress! Laughter Yoga has many health benefits and has been known to contribute to healing of the most serious illnesses. The programs will consisting of Comedy, Documentaries, Features & Short Films, Live Comedy Acts, Laughter Yoga Demos and Education about the therapeutic benefits of Laugher.

Your skills and talents can be put to good use in this project. Skills are needed in the following: Promotion, social media, filming, editing, photography, digital video capturing and presentation & more.

Your volunteer time will help launch the events and make the events and the campaign continue successfully. Please contact Grace at
grace@averagemiracles.com or call 831-421-9840 to take part in this important work

**Homelessness:** Habitat for Humanity needs your help! The ReStore is located on the Westside of Santa Cruz and is a volunteer driven home improvement store stocked by donations from all over Santa Cruz County. They are open for business on Wednesday, Thursday and Friday of each week from 10am -5pm. They also take volunteers on Wednesday, which is their warehouse day. At the store you can expect to do a few different things from managing the floor, assisting with donation intake, and assisting people find what they want in the store. They have two shifts each day, one from 10am-2pm and another from 1-5pm. No experience is necessary. Habitat for Humanity is also looking for people who would like to become more involved and be interns.

Another opportunity is the Habitat for Humanity Blake Lane build site. They are currently building three town homes in Scotts Valley, right off of Scotts Valley Dr. The homes are about half way finished. Volunteers are site on Wednesday, Thursday and Saturday of each week. A typical day starts at 8:30am and ends at 2:30pm, with lunch provided at noon. All training and tools are provided on site, and no experience is necessary. The only requirement for the Blake Lane Site is that participants be over 16 years of age. Duties can include: sanding, painting, hammering nails, helping with dry wall, working on the roof and many more jobs that go with building a home. They have an onsite construction manager that provides guidance and training for volunteers. Please **contact** Ginger Haggerty at www.habitatsc.org or at 831.469-4663.

**Children/Youth/Education:** Youth N.O.W. provides a place for South Santa Cruz County middle and high school youth to catch, up, explore new ways of viewing the world or simply hang out. We have opportunities for you to serve others, build a skill and make a new connection. Volunteer are needed to assist in their tutoring and academic support programs and their creativity programs as well. Applications are available online at www.youthnowcenter.com. Please **contact** Volunteer Coordinator, Missy Nielsen, at 831-768-7998.

P.S. Youth N.O.W. will provide transportation stipend and letters of recommendations to qualified students.

**Nature/Environment:** The California Native Plant Society is a volunteer group working to restore native habitat in the parks and protected lands in Santa Cruz County. Their program provides an opportunity for people to
learn about the natural systems that surround them while helping to restore special and wild places. No prior work experience is necessary, just show up at the park. They welcome individual volunteers from 8 to 80 years, as well as special group projects. Wear comfortable layered clothing, bring something to drink, and lots of enthusiasm! They work rain or shine, but if things get particularly unpleasant, they will call it a day. Tools provided; bring gloves.

**Contact:** Program Leader, Linda Brodman 831.462.4041, redwdrn@pacbell.net

**FUTURE PROJECTS:** Mark your calendars!

- **March 23, 2013** 10 am to 1 pm
  Quail Hollow Ranch County Park

- **April 6, 2013** 10 am to 1 pm
  Quail Hollow Ranch County Park

- **April 20, 2013** 10 am to 1 pm
  Quail Hollow Ranch County Park

**Children/Nutrition/Environment:** Farm to School, a program of the Community Alliance with Family Farmers (CAFF), provides volunteers or interns the opportunity to help connect kids to local farms, support local agriculture, and teach kids about healthy eating practices.

**Volunteers can get involved with Farm to School in several ways:**

- Visit schools on a weekly basis to get kids excited about healthy eating and local food systems
- Help develop nutrition education materials for elementary school students
- Help prepare boxes of local produce to be delivered to classrooms in the region

For more information or to sign up, check out their blog at farm2schoolvolunteers.blogspot.com or email them at Volunteer@CAFF.org!

**Law:** The Watsonville Law Center is currently looking for volunteers. The mission of the Watsonville Law Center is to provide low-income families and individuals equal access to justice by assisting them to understand, exercise and enforce their rights.
Volunteer Duties:
• Conduct legal interviews at Legal Clinic appointments
• Compile and present the client case to advising attorneys
• Receive and deliver legal advice from the advising attorneys to the client.
• Clinics are conducted on Tuesday and Thursday evenings (must be available at least one of these days)
• Student will also undertake various tasks related to client cases

Most Legal Clinics take place in Watsonville. The WLC is open to sponsoring students for class credit. Qualifications Required:
• Bilingual (Spanish and English) • 6 hours per week availability. Please contact Adriana Melgoza at AdrianaM@watsonvillelawcenter.org or at 831-722.2845 for more information.

Women/ Children & Youth: The Walnut Ave Women’s Center is offering training for several of their programs including their Child Advocate Program, their Family Literacy Program, their Domestic Violence Department and their Youth Department. Pre-registration is required so please contact Volunteer Coordinator Denise Gonsalves at 831-426-3062 to register or to simply learn more about the different programs. Visit their website at www.wawc.org.

Animals/Education: The Santa Cruz County Animal Shelter needs you! Are you passionate about empowering youth and caring for the county’s most needy animals? Then they need you! The Volunteer Center is launching a new program that trains volunteer leaders to supervise small groups of youth volunteers (ages 11-18) working at the animal shelter. Together, leaders and volunteers will offer dogs and cats some much needed TLC and provide basic training to the animals. Without volunteer leaders, youth can’t volunteer in the shelter and they miss out on this great opportunity to make life better for animals in our community. Leaders will develop resume-building leadership experience, and community references. Leaders should be responsible, mature and enthusiastic volunteers (20 years or older preferred) who can commit to a minimum six months of volunteering at either the Live Oak or Watsonville locations. Training will be provided. No advance experience is required. Volunteer leaders/mentors can lead a recurring shift as often as twice per week (typically weekday evenings or Saturdays), or as little as once per month. We hope you will join us for this exciting and rewarding volunteer opportunity to empower youth and support animals in our community.

Are you ready to step up as a volunteer in a leadership role? Please write
to lead@scvolunteercenter.org or call 831.427.5070 and ask for Laney.

**Hunger:** Each year Ag Against Hunger feeds over three million low-income people and distributes millions of pounds fresh nutritious surplus produce throughout the West Coast. Ag Against Hunger is looking for help with data entry in Excel. More new gleaning volunteers have come out this year than ever before! While that means they have been able to pick more food, unfortunately, they now need help keeping track of all their information. If you or someone you know would like to volunteer an hour or two, please call their office at 831-755-1480 or email Lindsay at lindsay@agagainsthunger.org.

**Elderly/Art/Culture:** Sunshine Villa's philosophy of service encourages an active and independent senior lifestyle that supports residents' privacy and dignity. Sunshine Villa is always looking for volunteers who like working with seniors. Volunteers are needed to socialize with seniors with a word game, art, or any socializing activity. Seniors always love the company of young people. Contact Rachael Magyar at 831-459-8400 or at sunshine.ad@bpmsenior.com.

**Women/Youth:** Siena House Maternity Home of Santa Cruz County provides an environment of support for women experiencing a crisis pregnancy. They provide a safe, secure, and loving home where women may live while preparing to have their babies. Volunteers are needed to help with administrative assistance, drive residents to appointments, hold babies, help residents with chores and cooking, teach classes/lead chapel, garden, and act as friends and mentors to the women. Contact Sharron Rudell at sharron@sienahouse.org for more information.