

Feminizing Hormone Therapy

Estrogen and Anti-Androgen Effects	Onset (Months)	Maximum (Years)
Decreased erections	1 to 3	3 to 6
Softening of skin	3 to 6	unknown
Decrease in muscle mass and strength	3 to 6	1 to 2
Breast growth	3 to 6	2 to 3
Decreased testicular volume	3 to 6	2 to 3
Decreased sperm production	Different for different people	Different for different people
Voice changes	none	
Less facial and body hair (thinner and grows slower)	6 to 12	> 3
Changes in body fat	3 to 6	2 to 5
Less sex drive	1 to 3	1 to 2
Balding	No regrowth, stops after 1 to 3	Variable

Masculinizing Hormone Therapy

Testosterone Effects	Onset (Months)	Maximum (Years)
Skin oiliness/acne	1 to 6	1 to 2
Facial Hair	3 to 6	3 to 5
Androgenic Hair loss (scalp)	6 to 12	Different for different people
Increased muscle mass	6 to 12	2 to 5
Fat redistribution	3 to 6	2 to 5
Cessation of menses	2 to 6	
Clitoral enlargement	3 to 6	1 to 2
Vaginal Atrophy	3 to 6	1 to 2
Deepening of voice	1 to 12	1 to 2