

# UC SANTA CRUZ

**There are 3 steps you must take before September 17, 2009 to ensure compliance with University requirements.**

**These mandatory steps must be completed by September 17, 2009.**

**Provide all required information online.**

**GO TO:**

**<http://www2.ucsc.edu/healthcenter/>**

Click on link "New & Returning Student Health Information"

To request paper forms

email [insure@ucsc.edu](mailto:insure@ucsc.edu) or call 831.459.2389.

**1. INSURANCE (required)**

All full-time graduate students are automatically enrolled in the university-sponsored Graduate Student Health Insurance Plan (GSHIP) unless they choose to submit an online insurance waiver with proof of comparable coverage.

**2. PERSONAL HEALTH HISTORY (optional)**

All new students complete the Personal Health History Form

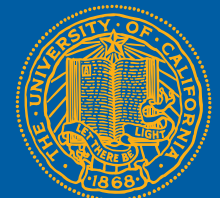
**3. MEDICAL RECORDS (optional)**

Obtain your medical records if you are being followed for a medical condition and want your care transferred to a UCSC Student Health Center clinician.

## Student Health Center 2009-2010



- On Site Primary Care
- Medical Appointments
- Urgent Care
- Travel Consultations
- Nutrition Services
- Allergy Immunotherapy
- On Site Pharmacy
- On Site Laboratory
- On Site X-Ray
- Health Promotion
- Wellness
- Screening Services



**<http://www2.ucsc.edu/healthcenter/>**

**UC Santa Cruz  
Student Health Services  
1156 High Street  
Santa Cruz, CA 95064**

UCSC Student Health Services provides students with high quality on-campus health care that is professional, confidential, supportive, and affordable. The UCSC Student Health Center offers a wide range of medical services and health programs designed to assist students in maintaining their physical and emotional well being as they work toward the achievement of their academic goals.

All registered students are eligible to use the UCSC Student Health Center. The cost of on-campus care depends on the type of health insurance coverage the student chooses, but care at the Student Health Center is generally less expensive than in the community.

**Provide all required information online.**

**<http://www2.ucsc.edu/healthcenter/>**

**There are **3 steps** you must take before September 17, 2009 to ensure compliance with University requirements.**

### **1. INSURANCE (required)**

**Accept or Waive the Graduate Student Health Insurance Plan (GSHIP) offered by UCSC (all full-time students).**

The University of California regents mandate that all students be covered by a health insurance plan.

To accept enrollment in the UCSC sponsored student health insurance plan (GSHIP) no action is necessary. You will automatically be enrolled and billed for the fall quarter premium of \$958 in August and coverage will begin 9/19/09. The GSHIP plan includes medical, dental, and vision coverage.

To opt out of the UCSC sponsored health insurance plan for 2009-10, you must complete an on-line waiver confirming you have comparable health insurance coverage.

Read the important information on medical insurance on our site. For information about GSHIP, CruzCare, or other insurance issues, or if you are unable to access the on-line insurance waiver, contact the Student Health Insurance Office at 831-459-2389 or email [insure@ucsc.edu](mailto:insure@ucsc.edu).

### **2. PERSONAL HEALTH HISTORY (optional)**

**Complete the online Personal Health History Form (all new students).**

In order to provide the best possible care, it is important that we know of any current or past health issues. Be sure to include complete immunization information.

### **3. MEDICAL RECORDS (optional)**

**Obtain your medical records if you are being followed for a medical condition.**

If you or your doctor want the UCSC Student Health Center to provide care or monitor your medications or lab work, please ask your primary care provider to compose a summary of your medical treatment plan. Please **DO NOT** send your entire medical record.

Records can be faxed to our Medical Records department at 831-459-3546 or mailed to UC Santa Cruz / Student Health Services at return address above.

### **If You Are On Medications From Your Doctor At Home**

The UCSC Student Health Center Pharmacy can fill prescriptions from any physician in the U.S. You can bring in a written prescription, have it called in to the pharmacy during the school year at 831-459-2360, or faxed to 831-459-3564.