

**Important Information: If you have Student Health Insurance Plan (SHIP), please read the information on the back of this document.**

**Free 24 Hour Nurse Advice Line  
for USHIP and GSHIP 1-800-977-0027**

## After Hours Care

**For students with Student Health Insurance Plan (SHIP) Effective 9-19-09:  
Co-pays apply: \$20 for Off-site Urgent Care  
and \$150 Emergency Room**

The following facilities are available to provide medical care when the Student Health Center is *closed*. For more choices, check the Yellow Pages, under Clinics.

**Information is subject to change without notice. Please call to verify hours.**

### Urgent Care

(eff. 9/19/09 \$20 co-pay applies for SHIP)

#### Santa Cruz Medical Foundation—Westside

1203 Mission St. at Laurel, Santa Cruz, CA 95060  
(831) 458-6310

Hours of operation—M-F 9am-9pm

Sat-Sun 9am-6pm

X-ray available during hours of operation

#### Dominican Medical Foundation

2018 Mission St. at Almar, Santa Cruz, CA 95060  
(831) 706-2220

Hours: **Saturday** Walk In Urgent Care 10am-3pm

#### Santa Cruz Medical Foundation—Main

2025 Soquel Avenue at Capitola Rd. Santa Cruz, CA  
(831) 458-5537

Hours of operation—8am-9pm, 7 days a week

X-ray available during hours of operation

#### Doctors on Duty (in front of UCSC Inn)

615 Ocean Street, Santa Cruz, CA 95060  
(831) 425-7991

Hours of operation—M-Sun 8am-8pm

X-ray available M-F 9:30am-5pm

### Local Hospital

**Closest ER**

(effective 9/19/09 \$150 copay applies for SHIP)

#### Dominican Hospital Emergency Room

1555 Soquel Drive, Santa Cruz, CA 95065  
(831) 462-7700 main; 462-7710 ER

Hours of operation—24 hours, 7 days a week

*For Kaiser Patients, nearest facility:*

**Kaiser Santa Teresa** 250 Hospital Parkway, San Jose  
(408) 972-3000 Hours of operation—24 hrs, 7 days/week

## Pharmacies near UCSC

(Hours subject to change—call to verify)

#### Westside Pharmacy

1401 Mission St. (at Laurel), Santa Cruz, CA 95060  
(831) 423-7175

Hours of operation—M-F 10am-6pm; Sat 10am-2pm

#### Tom's Medical Pharmacy

1203 Mission St. (at Laurel), Santa Cruz, CA 95060  
(831) 426-4252

Hours of operation—M-F 9am-6pm; closed weekends

#### CVS Pharmacy (near Safeway)

1700 Mission St. (at Olive), Santa Cruz, CA 95060  
(831) 457-2481

Hours of operation—M-F 9am-9pm;

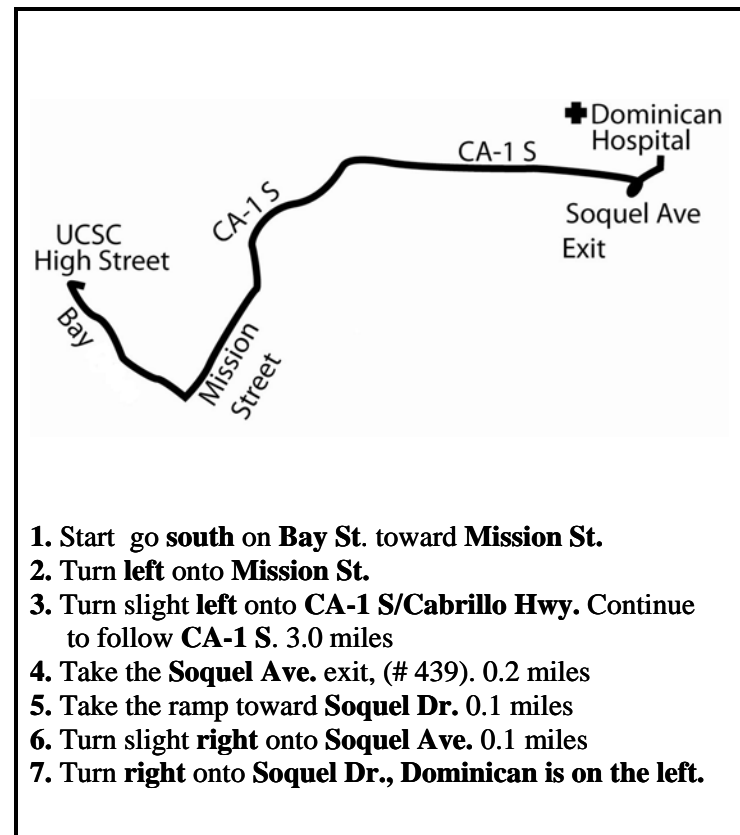
Sat 9am-6pm; Sun 10a-6pm

#### CVS Pharmacy (By Trader Joe's downtown)

600 Front St. (at Soquel), Santa Cruz, CA 95060  
(831) 426-7444

Hours of operation—M-F 9am-9pm;

Sat 9am-6pm; Sun 10a-6pm



# Student Health Insurance (SHIP) Information for After Hours Care

**Effective September 19, 2009:  
Office co-pay applies—\$20 for off-site Urgent Care and \$150 for the Emergency Room**

**If you are enrolled in USHIP or GSHIP** and need non-emergency medical care, you must first go to the UCSC Student Health Center (SHC). All non-emergency medical care within 25 miles of the campus must be initiated through the SHC for referral to be considered for payment.

**If the UCSC Student Health Center is closed, or in case of emergency**, a student should go to an urgent care center or an emergency room, if required. In this case, the SHC Insurance Office must be notified at (831) 459-2389 of the off-campus treatment within 24 hours, or the next day the SHC is open, in order to expedite claim processing. After-hours, emergency care, and urgent care visits are covered by USHIP and GSHIP. Follow-up care must be provided at the SHC. A written referral must be provided for continuing off campus care. Services that are not referred by the Student Health Center are not covered. *Effective 9-19-2009 there is an office co-pay of \$20 for off-site Urgent Care and \$150 for Hospital Emergency Room visits.*

If you feel you need emergency care, by all means, visit one of the facilities listed on the front of this document.

## Mental Health Resources

### Psychological Crisis or Suicidal Concern

#### Monday—Friday 8am-5pm

Counseling & Psychological Services (CPS)	(831) 459-2628
Student Health Psychiatry	(831) 459-2214
Student Health Center (Wednesday open 9:30am)	(831) 459-2211

#### After 5pm and Weekends

CPS after hours CRISIS SERVICES	(831) 459-2628
Dominican Hospital Behavioral Health Unit	(831) 462-7719

#### 24 Hour Assistance

Suicide Prevention Service	(831) 458-5300 or 1-877-663-5433
UCSC Emergency Services (Emergency response and/or transport)	911

### Major Crime, Death, Violent or Life-Threatening Behavior or Events

UCSC Emergency Services	911
-------------------------	-----

### Other Community Resources

Women’s Crisis Support Hotline	(831) 429-1478
Alcoholism & Drug Dependency Recovery Wave	(831) 454-HELP